

Learn why Rady Children's Hospital believes
"there is no health without mental health"

Rady Children's Hospital-San Diego Mental Health Matters in Medicine



February 2 - 4, 2018

Friday 2/2, 5-7:30pm; Saturday 2/3, 8:30am-4pm; Sunday 2/4, 8:30am-12pm

What is the "Mental Health Matters in Medicine" Weekend Academy?

A 3-day program to help high school students interested in a career in healthcare to understand the connection between mental/behavioral health and overall physical health.

What will you do?

Explore the field of mental and behavioral health during a variety of sessions including:

- **Lectures/Interactive Discussions** about the connection between early childhood trauma and chronic diseases in adulthood.
- **Hands-on skills clinics** to learn about signs and symptoms of common mental health conditions and the ways to support yourself, friends and family.
- **Career panels** during which faculty will share their stories, experience, and advice.
- **Team building/Networking** activities to learn and engage with peers and future colleagues.

Who should apply?

Highly motivated and enthusiastic high school students who are interested in a career in healthcare. Students currently enrolled in 9-12th grade are eligible.

How much does it cost?

Tuition is \$495 and covers all program materials; t-shirt; and meals. Parking at Rady Children's is also included. Proceeds from the Academy help support the FACES for the Future (<http://bit.ly/rchsdfaces>) program at Rady Children's & tuition is partially tax deductible.

How can you participate?

1. Visit [our website](#) to learn more.
2. Enrollment for this program begins 12/11/17 on a first-come, first-served basis.
3. Call the Center for Healthier Communities at 858-966-7748 to pay via credit/debit card (no cash/checks).



MEDICAL
ACADEMY

