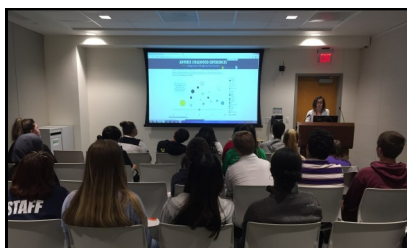
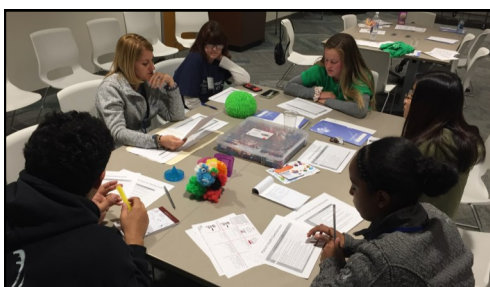
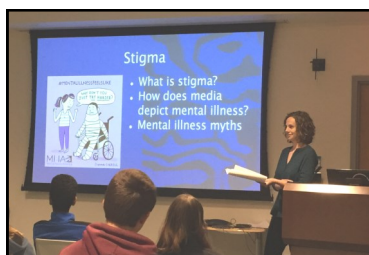


## 2019 Weekend Medical Academy-Program Summary

### Mental Health Matters in Medicine:

"There is no Health without Mental Health."

Rady Children's Hospital's Weekend Medical Academy (WMA) programs provide a condensed learning opportunity for students interested in pursuing healthcare careers. WMA programs address timely healthcare topics and related careers through lectures/interactive discussions, hands-on skills clinics and career panels.

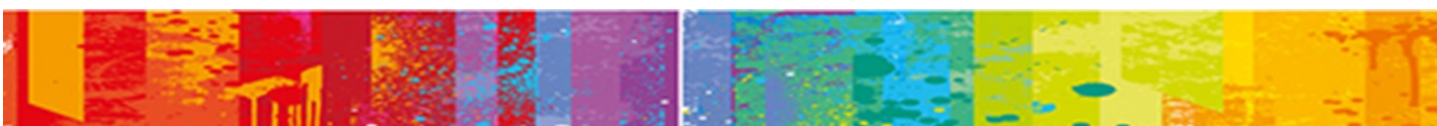


The first WMA program, Mental Health Matters in Medicine, took place May 3-5 with 19 enthusiastic students from San Diego County. Students learned why "there is no health without mental health" from a broad range of mental and behavioral health (MBH) clinicians from Rady Children's Hospital San Diego, UCSD School of Medicine, Blue Shield California, and our other partners. WMA participant learning included:

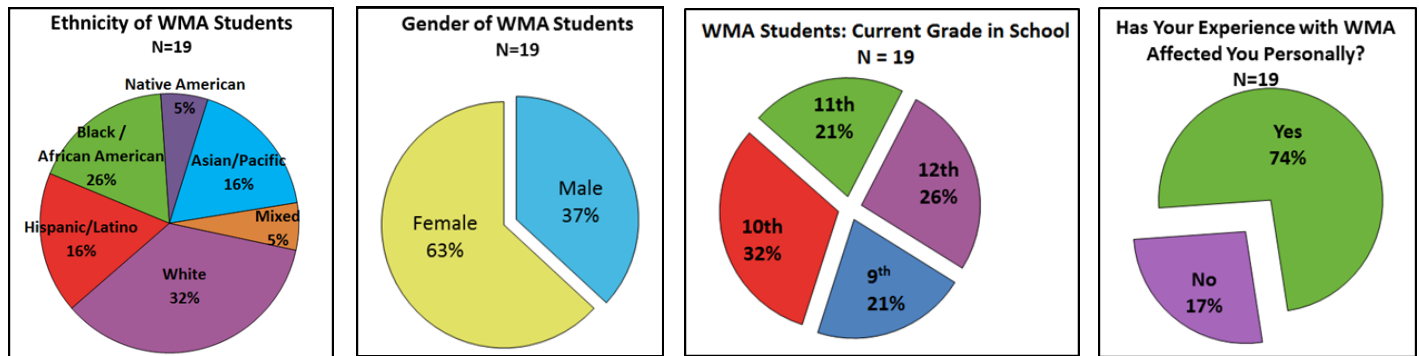
- "Hearing voices" simulation activity
- Relationship between Mental/ Behavioral Health (MBH) & Physical Health
- Adverse Childhood Experiences (ACEs)
- Signs & Symptoms of Common Mental, Behavioral, & Developmental Disorders
- The importance of Multidisciplinary Care Teams
- Evidence-Based Questions and Tools for Assessment
- Stress Awareness & Coping Skill Development
- Education & Career Paths for Mental / Behavioral / Developmental Health positions

#### For more information, contact:

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[www.sdhealthscholars.org](http://www.sdhealthscholars.org)



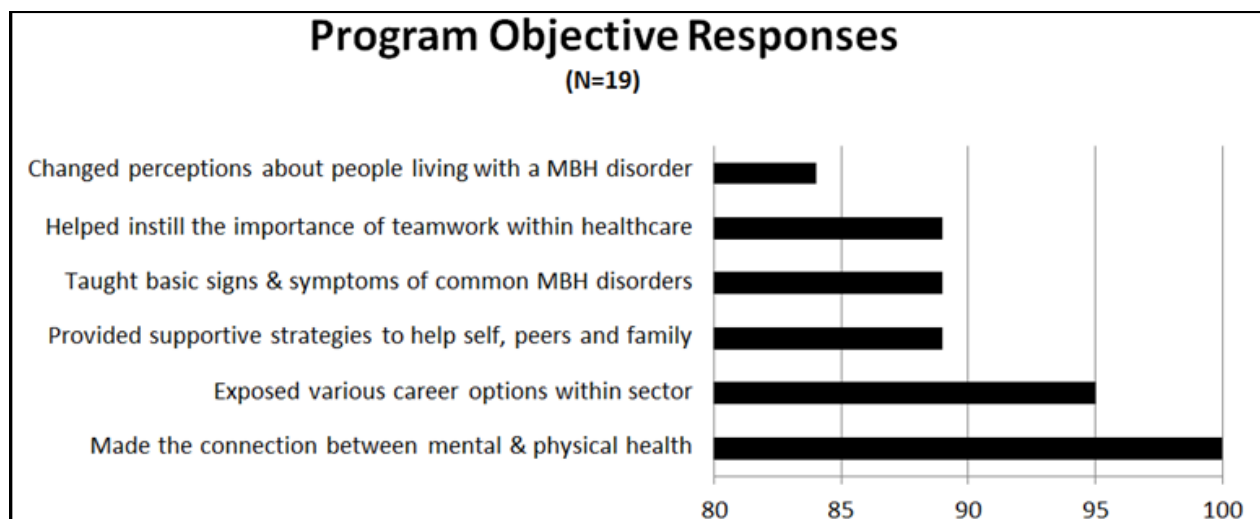
# Student Profile & Feedback



**100% of students reported that the program met or exceeded their expectations!**

**100% of students reported that they would recommend WMA to a friend interested in a healthcare career!**

**100% of students reported that attending this program reinforced and/or increased their interest in pursuing a career in healthcare!**



"I was able to think back to all the friends I've lost to these mental illnesses and reflect as to how much I love health care and my passion for helping those in need of physical or mental care."

"I think I will have more understanding of the need for empathy in treating mental health issues."

"The program content has struck my interest and I'm much more invested in mental health. I can see myself working in the mental health field."

**Would you like to make this experience available to students with a financial need?**

Reach out to learn more about our Medical Academy Scholarship program by visiting:

<https://www.radyfoundation.org/support-sma-scholarships?>

