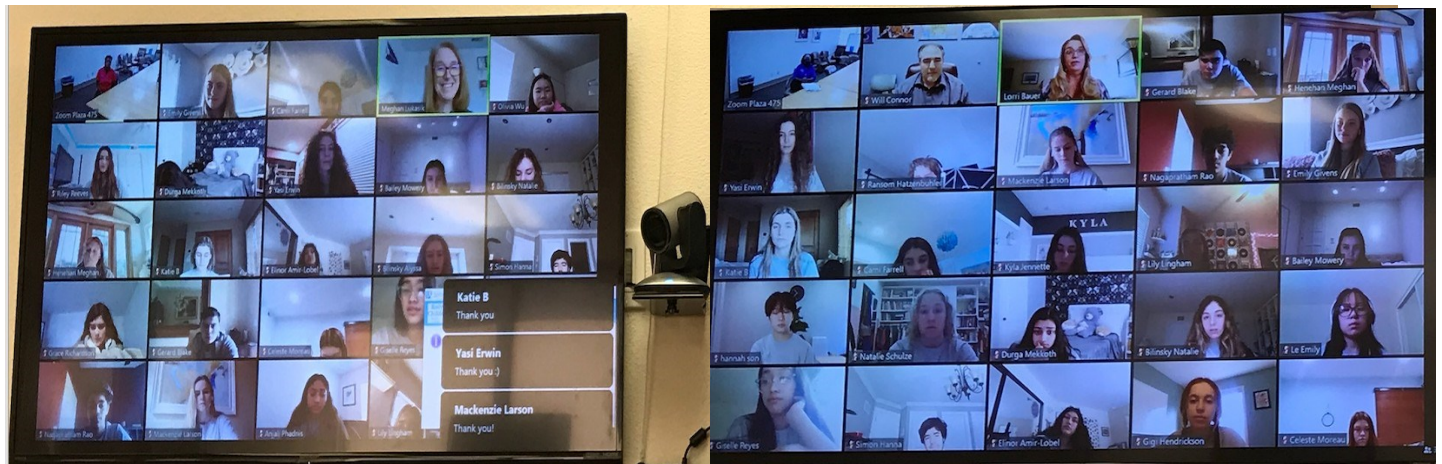


Mental Health Matters in Medicine:

“There is no Health without Mental Health.”

Rady Children’s Hospital’s Weekend Medical Academy (WMA) programs provide a condensed learning opportunity for students interested in pursuing healthcare careers. WMA programs address timely healthcare topics and related careers through lectures/interactive discussions, hands-on skills clinics and career panels.

30 students participated in our 2-Day Academy and heard from 10 of our hospital and community professionals!



The first virtual WMA program, Mental Health Matters in Medicine, took place January 23rd-24th with 30 enthusiastic students from San Diego County, west coast states and Canada. Students learned why “there is no health without mental health” from a broad range of mental and behavioral health (MBH) clinicians from Rady Children’s Hospital San Diego, UCSD, and additional partners. WMA participant learning included:

- Relationship between Mental/ Behavioral Health (MBH) & Physical Health
- Signs & Symptoms of Common Mental, Behavioral, & Developmental Disorders
- The importance of Multidisciplinary Care Teams
- Stress Awareness & Coping Skill Development
- Education & Career Paths for Mental / Behavioral / Developmental Health positions

“This was my first time attending the medical academy and I loved it!” Student Comment

For more information, contact:

Shelli Brown, Program Manager

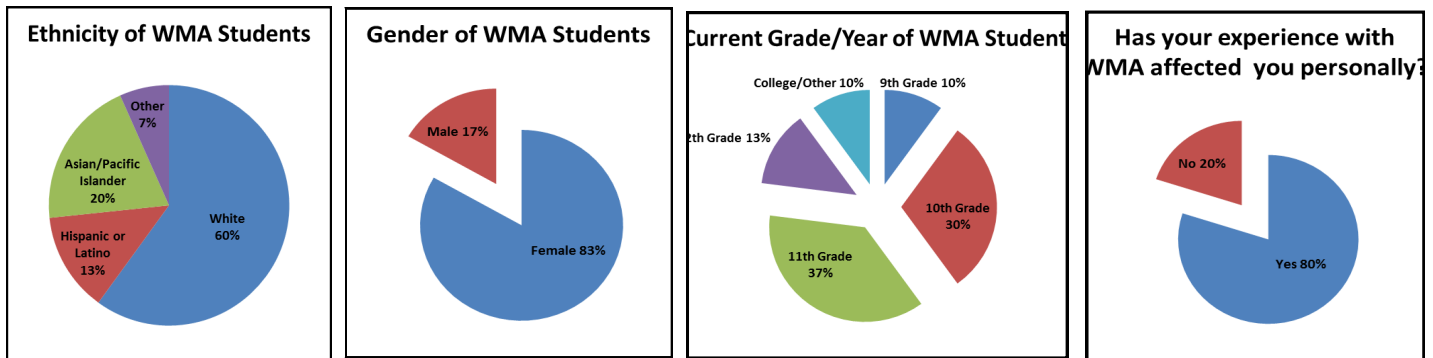
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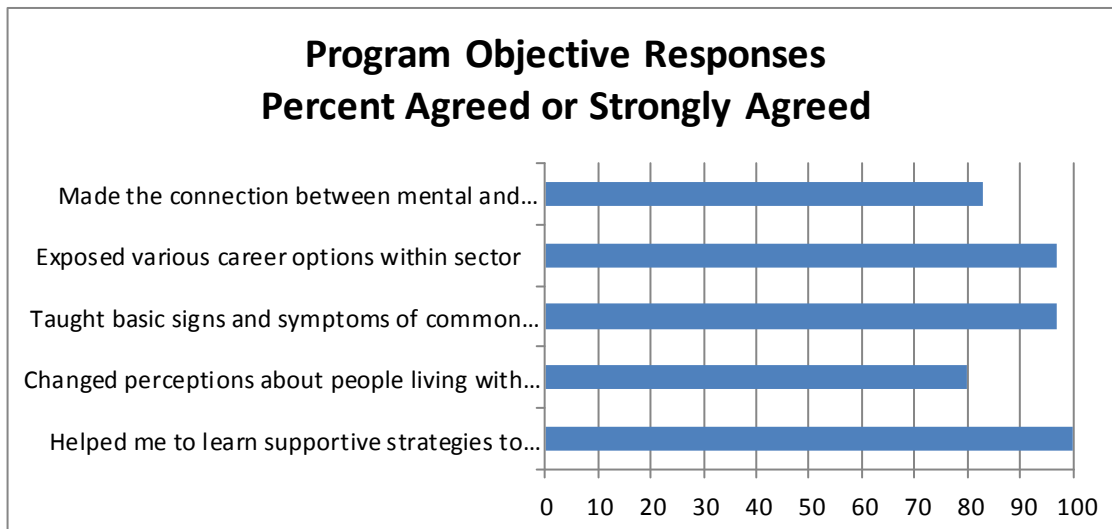
Student Profile & Feedback N=30



100% of students reported that the program met or exceeded their expectations!

100% of students reported that they would recommend WMA to a friend interested in a healthcare career!

97% of students reported that attending this program reinforced and/or increased their interest in pursuing a career in healthcare!



“The WMA brought in a lot of speakers and panelists that spoke about their professions and motivation in mental health genuinely, which was refreshing....”

“I learned the social context behind mental illnesses and how to read a person.”

“I loved everything we did this weekend. It was very informative and I learned a lot from everything we did.”

Would you like to make this experience available to students with a financial need?

Reach out to learn more about our Medical Academy Scholarship program by visiting:

<https://www.radyfoundation.org/support-sma-scholarships?>

