Volume 09 | Fall 2022



FACES FOR THE FUTURE NEWS AND UPDATES



Visit our Website

This newsletter edition is jam packed with highlights and information! Be sure to click through to read the stories in their entirety!

Highlights

What's new?

- Alumni Event happening Sept. 23rd
- New Staff- Meet our new program coordinators
- A Return to Fieldtrips.. Finally
- Public Health Youth Corps-What it is and where it is going
- Meet our Health Career Connections interns and find out how you could be one too
- Two exciting opportunities to get involved and get educated!



Alumni Spotlight



Join FACES for the Future at our Alumni Mixer!

We invite you join us at Janssen Pharmaceuticals to learn about summer internship opportunities and certification programs. This is a great professional development opportunity to meet health care industry workers, education partners, and network with fellow FACES Alumni! Arrive dressed to impress.

Please RSVP by September 7th, 2022

When? Friday, September 23rd, 2022 at 4:00pm-7:00pm Where? Janssen Pharmaceuticals, 3210 Merryfield Row, San Diego, CA 92121 RSVP: To Alicia Wood at awood@rchsd.org, By September 7th, 2022



Class of 2021 Alumni Survey

We love to know what our alumni are up to and it helps us to provide accurate data to our funders so we can continue our FACES programming.

Please check your emails and fill out the quick survey for the class of 2021.

Clinician Spotlight

Dr. Stephanie Constantino is a physician at Family Health Centers of San Diego, who has dedicated many lunch hours teaching, mentoring, and supporting the FACES students at Crawford High School. Originally from Seattle, Washington, she attended the University of Washington where she majored in neurobiology and won the ASUW Student Body Activities Award for her work as a major campus organizer for health equity. She went on to serve in Teach for America as a high school chemistry teacher in Richmond, California, where she developed a passion for working with teens. She



graduated from University of Washington School of Medicine in 2015 and matched into the second graduating class of FHCSD's residency program. As a resident, she completed the HIV Track to become an HIV specialist, started our partnership with the Crawford High School FACES pipeline program, as well as our addiction medicine elective, and served as a Chief Resident in her final year. Dr. Constantino's interests include LGBTQ health, women's health, adolescent medicine, social justice, health equity, pipeline projects and trauma-informed care. In her spare time, she enjoys cuddling her babies, gardening, and crafting. We are so thankful for Dr. Constantino and her efforts to support our program!

FACES UPDATES

Welcome to FACES!

The FACES for the Future Team is excited to welcome two new team members.



Shadeh Rassoulkhani joined the FACES/ Rady Children's family in June and will support the Hoover High School program. Shadeh is native to San Diego and a recent graduate with a Master of Public Health, concentrating in health promotion and behavioral science from San Diego State University. Shadeh has previous work experience as a case manager serving refugees, survivors of human trafficking, parolees, and asylees.



Joycelin Choe will join the FACES/ Rady's family mid-August, just in time to get acclimated before the school year begins. She will support the Crawford High School program. Joycelin is committed to community health and aspires to help achieve health equity. Her passion for public health stemmed from her undergraduate experience at the University of California, Irvine, where she earned a BA in Public Health Policy. Following, she earned her Master of Public Health in health promotion and behavioral sciences. Her previous work has included positions as a health advocate, peer educator and mentor.

We're looking forward to a great school year! To learn more about the rest of our staff, please visit our <u>website</u>.



Fieldtrips

Students had the opportunity to resume their career exposure by participating in two field trips this school year. Excited to learn more about nursing, the class of 2023 visited San Diego State University for the Nursing Reveal event in April. To close out the school



year, students also visited their local Fire Station 17 for a tour and chat about the different career opportunities within a fire station. Fieldtrips are a great way to provide students with life experiences and network with professionals. We hope to continue to participate in fieldtrips this upcoming

school year.

Executive Rotations

After two years we were thrilled to start moving back to some in person events. At the end of May, we escorted 6 students from Hoover and Crawford High Schools to meet with members of the executive team at Rady Children's Hospital. These students included Maritza Sardina, Umulkheir Sharif Ali, and Chris Acolt from Hoover and Macy Tran, Jessica Ruiz and Suleekho Abdulahi from Crawford who demonstrated a commitment to the FACES for the Future program that went above and beyond the requirements. These students were treated to a fancy lunch and goodie bags with an opportunity to ask the executive questions about their career and education paths and get advice about their futures in healthcare.



Crawford Seniors

What a wonderful end of the year for the Crawford High School FACES Seniors. Twelve students graduated from the program, with goals of attending UCSD, SDSU, gaining professional skills while working and attending local community colleges, and a few taking a gap year. This group of twelve, all bright young women, have many opportunities in front of them and we wish them all the best as they begin this new chapter of life after high school and hope they return to mentor and speak to other FACES graduates in the future.



FACES for the Future Coalition News

Public Health Youth Corps

The FACES for the Future Coalition was awarded a grant from Health Resources and Services Administration (HRSA) to create a vaccine educator program through the coalition's Public Health Youth Corps. Students were given background information on public health and vaccine basics, trained in motivational interviewing, Mental Health First Aid, CPR and First Aid, and Narcan certified. They spent the 2021-22 school year learning about Covid 19 and the vaccines as they came out. Then the students put together presentations for their peers, communities, and shared resources on social media to educate others about the importance or getting the Covid 19 vaccine and taking precautions to avoid getting sick.

As we move into the new school year, the Public Health Youth Corps is shifting to focus on mental health and other issues that have arisen from the pandemic. A select group of seniors took part in a leadership week this summer and will leverage their training with the other seniors in the fall to lead the community education projects. The extended program will be funded by the Zuckerberg/Chan Foundation as a part of the Safely Opening Schools initiative and will run until December 2022 with the goal of continuing awareness around Covid 19 safety and addressing the public health issues that have been highlighted due to the pandemic.



Stay up to date with the FACES for the Future Coalition



More Info

Health Career Connection Update





The Center for Healthier Communities (CHC) at Rady Children's Hospital had the opportunity to partner with Health Career Connections (HCC) again this summer to support its Youth Development programs. HCC placed two interns with CHC to work on its Summer Medical Academy and FACES for the Future programs. Learn more about the HCC program and this year's interns here.

Meet our 2022 HCC Interns

Great Opportunities Through the San Diego Workforce Partnership

The San Diego Workforce Partnership mission statement, "To empower job seekers to meet the current and future workforce needs of employers in San Diego County," is clear and perfectly aligned with the work of FACES for the Future <u>https://workforce.org/</u>. In a recent conversation with their Director of Workforce Development Program – Healthcare, Karen Connolly, the FACES team learned of some great opportunities to share with its alumni.



There are opportunities to train for and become a <u>Patient Access Representative</u> or <u>Substance Abuse</u> <u>Counselor</u>. Both career paths offer help starting school or a certificate program and learning new job skills. You must be at least 18 years old to apply for these programs. If you're interested in the programs or have questions related to them, please click their program links or reach out to Program Specialist Morgan Belden at morganbelden@workforce.org.

Note: SD Workforce Partnership will be in attendance at our FACES Alumni Mixer on September 2^g. Additional details are available in this newsletter!

HELP INFORM AND SHAPE THE FUTURE OF HEALTHCARE FOR YOUTH AROUND THE WORLD!

Join iCAN the International Children's Advisory Network today!



The International Children's Advisory Network (iCAN) is a worldwide consortium of advisory groups that work to provide a voice for youth and families in medicine, research, and innovation. **Children's Hospital of Orange County,** and **Rady Children's Hospital San Diego** have come together to create a **new** iCAN chapter to serve our Southern California patients and families Youth members are age 13-18 years old.

Participants share a common goal of having their voices heard by industry and government agencies and to make a difference in pediatric healthcare. Members will help inform new medical device development, speak at local state and national conferences to share their medical story. Benefits will include FACES service hours and leadership experience, and connection with other chapters around the world with the opportunity to attend an international iCAN summit.

Ask your FACES coordinator about how you can join this exciting program or see the chapter information <u>here.</u>

Follow us on Instagram to stay up to date with FACES news!

