# Rady Children's Hospital – San Diego Medical Academy Volunteer Program Service Description

Service Title: Volunteer Group Mentor Supervised By: Shelli Brown

**Department:** Center for Healthier Communities (CHC)

**Time Commitment:** One or both Summer Medical Academy (SMA) sessions; one or more Weekend Medical Academies (WMA) and/or Advanced Academy (AA). Time commitment will range from a minimum of 20 hours (one WMA or AA Session) to a maximum of 160 hours (2 SMA Sessions).

# **Volunteer Description:**

The Medical Academy (MA) volunteer program is designed to provide young adults with a valuable leadership and growth opportunity supporting high school students who are also interested in pursuing a career in healthcare. At the conclusion of their commitment, MA Volunteer Group Mentors will receive a certificate of appreciation; use of the position on their resume; and continued access to Program Staff for future recommendations for employment/other opportunities. SMA Volunteer Group Mentors will also be considered alumni, and therefore gain access to opportunities through the Health Scholars Alumni Network (HSAN).

## **Service Summary:**

Under the guidance and support of the Coordinator and Program Manager, Group Mentors will help to implement the Rady Children's Medical Academy programs. In addition to supporting the day-to-day program operations, Group Mentors will serve as leaders for one small group of high school students throughout the duration of the designated MA program.

### **Functions and Responsibilities:**

- 1. Be available to support program preparation i.e. material organization and packing;
- 2. Actively engage with students during all program components to help create an inspiring educational environment;
- 3. Enthusiastically support, mentor, and guide a small group of 6-8 students;
- 4. Ask for guidance from Program Staff with any concerns, questions regarding mentoring and guiding students:
- 5. Sit with assigned group of students during all sessions unless asked otherwise;
- 6. Assist with daily team and group activities and assist faculty when necessary;
- 7. Monitor group member attendance on a daily basis and collaborate with Coordinator for any challenges regarding attendance, lateness, etc.;
- 8. Communicate with group members, Program Staff and other Group Mentors via text/email for logistical changes i.e. parking, dress code, etc.;
- 9. Review schedule and group norms during the Daily Opener;
- 10. Lead the small-group portion of the Daily Debrief and identify a different student each day to report-out for the group;
- 11. Assist with the day-to-day operations of the MA Program including schedule implementation, space setup and clean-up, distribution and collection of name tags each day, etc.;
- 12. Meet with Program Staff and other group leaders at the end of each day for a staff debrief to review any issues that have come up, plan for the following day, provide support for each other, etc.;
- 13. Ensure 100% student participation in daily and final evaluations:
- 14. Ensure students are attentive and respectful;
- 15. Listen to student feedback and resolve any issues or conflicts in consult with program staff;
- 16. Encourage creativity, participation, and personal/professional development through engagement with faculty, staff, and peers;

- 17. Wear the MA Group Mentor t-shirt and badge every day of the program;
- 18. Suggest, organize, and facilitate team building activities;
- 19. Comply with the Rady Children's Code of Conduct (Regarding Legal and Ethical Conduct);
- 20. Comply with Rady Children's Confidentiality requirements as per training;
- 21. Comply with the RCHSD mission and values at all times.

#### **Qualifications:**

- 1. Must be actively pursuing an educational/training pathway towards a career in healthcare field (broadly defined);
- Ability to successfully pass a background check investigation and drug screen, facilitated by American Data Bank;
- 3. Energetic, outgoing and friendly, with a background or interest in science and/or education;
- 4. Ability to relate to youth, especially high school students, representing different ethnic backgrounds, sexual orientations, gender identities, socio-economic status, and abilities;
- 5. Ability to interact professionally with high school/college students, parents, program personnel, healthcare professionals and community partners;
- 6. Able to remain friendly, positive and respectful in a stressful environment;
- 7. Reliable, honest and punctual;
- 8. Ability to work independently, problem-solve and manage multiple priorities effectively;
- 9. Takes initiative and not fearful of sharing feedback directed towards improving the program;
- 10. Willingness to work long, flexible hours during the program;
- 11. Commitment to the department demonstrated by consistent attendance and performance at or above standard.
- 12. Computer experience, including with Microsoft Word, Excel, Power Point, Publisher, and YouTube.

#### **Physical Standards:**

- 1. Able to stand or sit for long periods of time (45 60 minutes);
- 2. Able to handle multiple functions effectively, in varying environments (outdoor, indoor, noisy, crowded, quiet, etc.);
- 3. Able to lift 10 pounds, on occasion.

### **Training Provided:**

- 1. Mandatory Group Mentor Orientation at CHC prior to the start of the program;
- 2. Orientation to hospital/volunteer policies & procedures with CHC Staff prior to the start of the program;
- 3. RCHSD Confidentiality Training prior to the start of the program.

As a reminder, participants will be required to show proof of a recent (within 6 months of program start date) Tuberculosis screening.

I have received, read and understand the Medical Academy Volunteer Program description as outlined above.

Volunteer's Signature:		
Print Name:	Date: _	