



FACES for the Future Alumni

NEWSLETTER

2024 SUMMER EDITION



FACES Updates

A Farewell to Shadeh

The FACES for the Future team said farewell and good luck to our coordinator, Shadeh Rassoulkhani, in July. Shadeh was a Community Health Programs Coordinator at Rady Children’s Center for Healthier Communities and supported the FACES for the Future program at Hoover High School. She left a positive impact on her students and colleagues over the past two years of her employment. We wish the best for Shadeh on this new journey and hope to cross paths again! She has shared some parting words of wisdom:



“It’s been a wonderful experience to serve as a program coordinator at Hoover High school these last two years. In this role, I have had the privilege to get to know some incredible students with bright futures. It is inspiring to see how hard working and driven our FACES students are. Thank you all for making my time at Rady and Hoover High School full of laughter, inspiration, and fun. I hope you all continue to pursue your passion, and achieve everything you dream of. Never give up, ever!”

Executive Rotations

At the end of May, FACES hosted their annual Executive Rotation where six students from Hoover and Crawford High Schools had the opportunity to participate in a meet and greet with the executive team from Rady Children’s Hospital. These students, pictured below, were Asha Dahir, Daniela Neria, and Yusra Mohamed of Crawford and Anthony Alvarez, Sofia Ho, and Robmine St. Philippe of Hoover. These students were nominated based on high attendance, participation, and commitment throughout their 3-year FACES membership. These students enjoyed a nice lunch with the Rady Executive Team and had the opportunity to ask questions about healthcare careers and education pathways.



Senior FACES Retreat



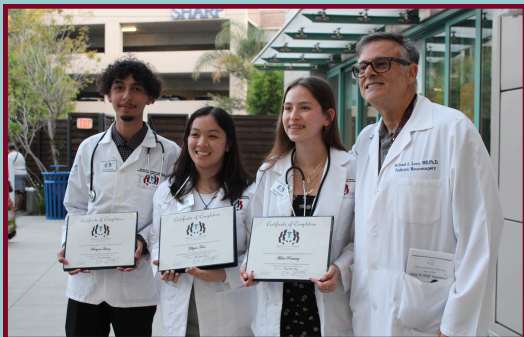
The graduating seniors of Hoover High School celebrated the end of their three-year participation in FACES with a senior retreat field trip alongside their program coordinators. This year they traveled on an exciting trip to the Carlsbad Flower Fields! For many of the students, it was their first experience at the flower fields and a joyful outing with their classmates. Seniors explored the colorful flower fields and enjoyed lunch in the garden. It was a wonderful trip to reflect on and commemorate their time at FACES!

Partner Luncheon

FACES for the Future- San Diego held an appreciation luncheon for the community partners who host FACES juniors as interns during the school year! This event was a chance for the organizations to mingle and read the students' yearly rotation feedback to prepare for the upcoming year. We are so grateful for these partnerships and the mentoring they provide our students.



FACES '24 Graduation



We are so proud of the 2024 class of graduates from the FACES for the Future program. In total, there were 28 program graduates from Hoover High School and 15 program graduates from Crawford High School. These students held a showcase to present their senior posters and a graduation ceremony to honor and celebrate their accomplishments throughout the three-year program. This was a commemorative experience for the graduates to share with their family and friends alongside staff from Hoover, Crawford, and Rady Children's Hospital.





Robmine St. Philippe

“Hi! My name is Robmine St. Philippe, a FACES graduate now. I went to Hoover High School for four years and during my time there I was in the Academy of Information and Technology for a year and switched over to the Academy for Health and Healthier Communities for my last three years. I had the opportunity to be part of many programs such as FACES, AFS, First Gen, and Wahupa. The experience and support I received during these past four years have prepared me for the next chapter of my life, as I am now a prospective college student majoring in nursing at Felician University in New Jersey. In 4-5 years, I hope to become an intensive care Registered Nurse working with babies and kids. I want to help and support these groups of people because I know how hard it is to care for oneself in critical conditions, especially as a kid or a baby. I want to support my community, parents, and my family as well. With the education I have received from my school and experiences from programs I had the opportunity to participate in like FACES, I am determined to work hard and to become a Registered Nurse and one day even furthering my education to get my doctorate's degree in nursing.”



“Hello, my name is Daniela Neria. I was born and raised in San Diego my whole life, specifically in a diverse and one-of-a-kind community, City Heights. I recently graduated from Crawford High School, where I not only made wonderful memories but also discovered the career that was meant for me. During this time, I took courses that would give me the opportunity to enhance my knowledge on different subjects. With this said, I was involved in AVID and took dual enrollment, honors, and AP classes. It was after my honors biology class that I knew I had an interest in science. Therefore, I joined PLTW, a pathway that explored and taught different spectrums of the medical field. In this class, I discovered nursing. I fell in love with the idea of combining my two interests: science and helping others. However, I wanted to be certain that nursing was the right career for me, so I decided to join FACES for the Future. It was there that I got the opportunity to shadow nurses in different departments at Rady Children's Hospital. During this experience, I immediately fell in love with the daily duties of a nurse and the patient interaction. I knew that nursing was for me. This fall, I will attend San Diego State University, majoring in nursing. My passion for science and learning, along with my drive to help others, will be my guide to receiving my bachelor's degree in nursing and working as a registered nurse in the NICU department. I will then have made my dream of becoming a kind, passionate, and understanding nurse come true.”



Daniela Neria

Homairah Osman



This newsletter we are highlighting a FACES alumna who graduated from Crawford High School in 2021! Homairah Osman has been an active member of the FACES alumni San Diego group and volunteered her time as a group mentor for the Rady Children's Summer Medical Academy. The mentors play a huge role in supporting the success of students throughout the program. We are proud to have our FACES alumni continue their involvement at Rady Children's Hospital and we commend Homairah for giving back to her community!



"Hello everyone, I'm Homairah Osman. I volunteered for a 2-week intensive summer program with Rady Children's Hospital where I was mentoring high school students as they explore the careers in the medical field and assisted them with their hands-on activities. It was a great opportunity for me to gain my leadership skills and learn more about medical careers that I was not familiar with before. I had a good exposure to a community of healthcare professionals and program leaders in the field as well as my peers who are eager to be in the medical field in the future. This experience reminded me of memories from FACES for the Future program that I was in during my high school years, where I saw myself in their shoes once, and those times helped me to become who I am today as I continue in my career journey. I'm currently a 4th year student, completing my Bachelor of Science in Biology, at UC San Diego. My goal is to complete my training at Atkinson Physician Assistant Program in UC San Diego and work as a physician assistant. I would like to thank all my mentors during my FACES for the future program that broadened my knowledge of the medical field careers. I hope that many more students are taking this opportunity early on their career journey."

Conrad Presby's Foundation Scholarships



Khang Phan, pictured above, is an upcoming senior at Hoover High School. He is learning how to place an intraosseous cannulation using a chicken egg in a rotation taught by the Children's Hospital Emergency Team (CHET)!

Thanks to a generous award provided by the Conrad Presbys Foundation, FACES students and alumni were able to participate in the Rady Children's Medical Academy programming to expand their professional network, learn critical health-related skills, and explore various health career pathways. Four FACES students, Jahaziel Valdez and Ivanna Ramirez of Hoover and Nadali Ali and Fardosa Jama of Crawford, were able to participate in Weekend Medical Academy programs. One FACES student and one FACES alumnus, Khang Phan and Sofia Ho, of Hoover were able to attend the two-week long Summer Medical Academy program. Pictured below are some highlights from their experiences in the academy.!



Sofia Ho, pictured left, is a FACES alumnus who graduated from Hoover High School in 2024. In this photo, Rady Children's nurses are leading a hands-on workshop to teach medical academy students critical CPR skills.



FAMILY HEALTH CENTERS OF SAN DIEGO

Family Health Centers of San Diego (FHCS) is a nonprofit organization that provides affordable healthcare at over 90 sites within San Diego County. These sites are expansive and include different types of healthcare clinics, urgent care centers, dental clinics, and specialty facilities.

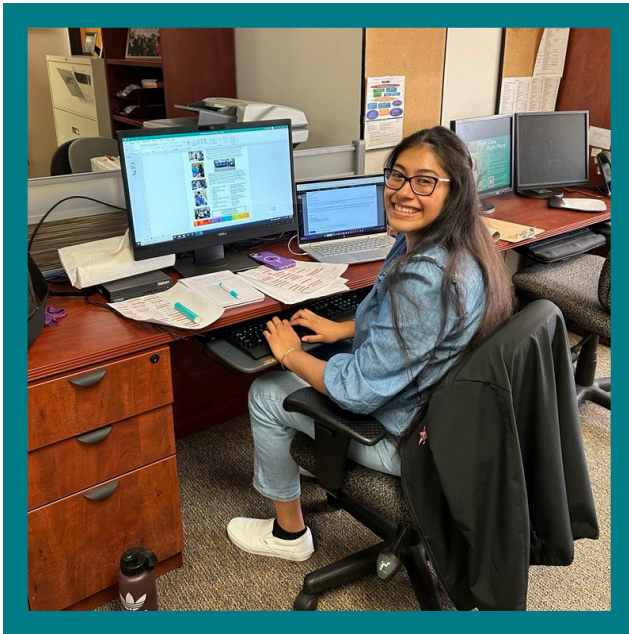


FHCS in City Heights has been a longtime FACES for the Future partner who offers skills workshops and healthcare exposure to students. Students get the opportunity to interact with medical professionals while learning about career pathways within family medicine and participating in hands-on training workshops. We value and appreciate our continued partnership with FHCS – special shoutout to Dr. Constantino and Dr. Brownell!

Health Equity Scholars

Health Career Connection (HCC) offers a professional development program that facilitates college-aged students' participation in a 10-week, paid summer internship. This program places students at host organizations for an internship where they can gain hands-on experience in a health-related field. Rady Children's Hospital has a long history hosting interns from this organization. The applications for the Health Equity Scholars program will be open from October to December and can be found here: healthcareers.org.

We are so ecstatic to share our 2024 HCC intern with you below!



“Hello, my name is Jennifer Potrero and I'm an incoming transfer student attending SDSU this Fall 2024, majoring in Child Development. I graduated from Palomar College with my associate's degree in child development. I joined HCC because I wanted to have more exposure to healthcare and public health administration that focuses on community betterment with populations of youth. I have enjoyed working with Rady Children's Center for Healthier Communities in the planning and execution of the 2024 Summer Medical Academy and I look forward to working with the FACES for the Future program.”

Stay in Touch:



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